



PRE-OPERATIVE INFORMATION: DEEP SCALING WITH LOCAL ANESTHETIC

Why do you need a deep scaling appointment?

Deep scaling is recommended because the hygienist cannot adequately remove tartar and build-up below the gum line. This is particularly true for the deeper pockets that cannot be effectively accessed with a regular cleaning appointment. Complete periodontal data is also taken at this appointment. Using local anesthetic is for patient comfort because it will allow the hygienist to get to the areas that are difficult to reach without causing you discomfort.

What is required before a deep scaling appointment?

1. A recent full mouth series of radiographs.
2. Two appointments will be scheduled, as one side of the mouth is done at a time (maximum one week apart). Alternatively four appointments may be necessary. These appointments will be either here or with your regular dentist.

What happens during a deep scaling appointment?

1. The dentist freezes the left or right side of your mouth and once the anesthetic has taken effect, the hygienist can begin the cleaning and data collection.
2. Each appointment is approximately one hour.
3. Once the freezing has worn off (lower jaw 1-2 hours and upper jaw by the end of the appointment) you may need an Advil or Tylenol.

What happens after a deep scaling appointment?

1. **Eight weeks later**, you will be seen for a regular cleaning appointment where new data will be collected. You will then see Dr. Caudry to re-evaluate your new data and decide on an appropriate treatment plan.
2. Once treatment is completed it is highly recommended that you are seen every three months for maintenance appointment for evaluation, cleaning, data and radiographs.

Do I require any medication?

Dr. Caudry **may** prescribe an antibiotic to start the day of your first deep scaling appointment and continue until you have completed both sides of your mouth.

For more information, you can also visit our website at www.drcaudry.ca

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