Dr. Suzanne Caudry PhD DDS MSc Periodontist

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SURGICAL TREATMENT USING DEEP SEDATION / GENERAL ANESTHESIA

Having surgical treatment done under deep sedation/general anesthesia is a wonderful option we can provide for you. Deep sedation/general anesthesia has been used in dental offices for decades. With rigorous precautions and thorough monitoring, deep sedation/general anesthesia for various procedures is considered safe and effective. More information is available on our website: www.drcaudry.ca

Sedation cases must be scheduled on specific days (usually Fridays) when an anesthetist is available and we have very little flexibility for last minute rescheduling. As a result, our office policy is to collect a full deposit for the anesthetist.

Pre-Op & Fasting information:

Prior to your sedation appointment, you must not eat anything for 8 hours. Clear fluids (e.g. water, ginger ale, cranberry/apple juice, black coffee/tea with sugar) are permitted up to 2 hours before the appointment (if drinking tea/coffee must be without milk.) If you are on any medication, continue your regular course with just a sip of water unless advised otherwise. If you have been prescribed an antibiotic for this appointment, please take as directed with a sip of water.

Do not wear contact lenses or hairclips, makeup, jewelry, nail polish. Wear comfortable, warm, loose-fitting clothes to the appointment, including closed-toed shoes.

If there are any changes to your health up to a week before your appointment, such as fever, vomiting, diarrhea, cold, flu, coughing, or nasal congestion, please let us know.

Post Surgery information:

After your sedation appointment, you <u>must</u> be accompanied home by a responsible adult by car/taxi. Once you return home after surgery, be sure to have juice or a meal replacement such as Ensure or Boost if you have no nausea/vomiting. Please remember that you should not work, consume alcohol, operate machinery, make important decisions, nor drive a car for 24hrs after sedation. If you are free of nausea and vomiting, you may eat solid foods.

If there are any questions or concerns, please **do not hesitate to call Dr. Caudry** at work: 416 928-3444 or Cell: 416 845-3684. In case of an emergency, please call Dr. Caudry and go to the emergency department at your nearest hospital.